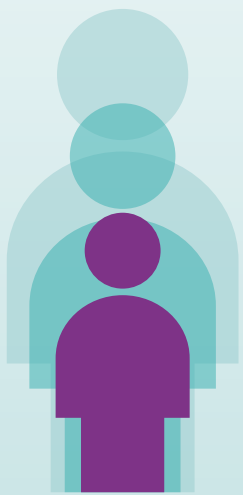




The Centre for Psychologically Responsive Leadership presents...



EVOLVING YOUNG LEADERS

What is the EVOLVING Young Leaders course?

EVOLVING-Young Leaders, is an in-person 4-day, 8 module leadership course to help you to develop your full potential as a Young Leader.

Designed and delivered by Consultant Clinical Psychologists, EVOLVING-Young Leaders will help you develop your leadership knowledge and skills.

“

“[the training] provided me with a wealth of information and resources to draw upon, alongside a greater knowledge and understanding of leadership techniques I can implement to support my staff team to the best of my ability as a leader”

(Rachel Ward, Locality Services Manager)



What can I get from this course?

- Further develop your self-awareness as a leader
- Understand how psychological knowledge can support you as a leader
- Enhance and build the skills and relationships within your team
- Develop your confidence, and a clear plan to achieve your goals
- Psychologically informed resources and strategies to use
- Bespoke Leadership Development Plan

“

“[The course] was fantastic and has developed me as an individual and professional. I cannot recommend this course enough. I'm still raving about it now to anyone that will listen”

(Emily Evans, Children's Services Manager, UK Charity.)

Who is the course for?

The course is suitable for anyone aged 18 – 26 years old who wants to develop their leadership skills. You may already be a manager or supervisor, or you may aspire to a leadership role in the future.

There is a maximum of 12 people per course to allow for group discussion, exercises and reflection. All course materials, food & refreshments are included.



Course content

The course is based upon the **EVOLVING** leadership framework, drawing on organisational, performance and clinical psychology, and includes the following modules:

Module 1

Enabling Others:

This module explores how we might recognise strengths & areas for development in others and create the best environment to support people to feel empowered, have a sense of belonging & be creative?

Module 2

Values and Vision:

This module focuses upon the importance of individuals and teams having a clear purpose, and there being clarity around Vision and Values. It explores ways to develop, operationalise, and embed this within a service.

Module 3

Observing and Understanding Relational Dynamics:

Understanding the psychology of relationships can help us to resist being pulled into unhelpful interactions and to be proactive in addressing them. This module also explores how to support individual and team resilience.

Module 4

Language and Communication:

This module explores the power of language and communication (both verbal and non-verbal). We think about common communication challenges, and how to use communication optimally to support healthy relationship development. The module also explores the concept of healthy 'conflict' and the importance of having difficult conversations.

Module 5

Vulnerability and Self-Reflection:

This module explores the importance of self-reflection, vulnerability in leadership and the essential relationship between vulnerability and courage. You will be supported to develop a map of resources to support your wellbeing and to feel 'Good Enough' as a leader, managing 'Imposter Syndrome'. We use personality-related research to develop your awareness of your leadership strengths, your strengths overplayed, and your potential blind-spots.

Module 6

Integrity and Trust:

This module discusses the interplay between competence, humility and trust within leadership. Various psychological models of trust are explored, and you will be supported to explore behaviours associated with the different components of trust and how to develop these.

Module 7

Narratives: Personal & Organisational:

This module focuses upon the importance of stories and storytelling to us as humans, and how this can be applied within teams and leadership roles. It explores 'team formulation' and provides a framework for you to develop your own leadership narrative, and resources to develop a team or organisational narrative with your team members.

Module 8

Generating Safety:

This module introduces the concept of psychological safety and the relationship with performance, considering challenges, barriers and the leader's role in creating an environment that cultivates safety within a team.

Cost and venue

The 4 day course costs £950 plus VAT (with a discount for partner organisations of CMCAFS - please get in touch), and is inclusive of all training materials, lunch and refreshments.

The course is held over 2 blocks of 2 days and is delivered at our bespoke training venue at 19 Wilson Patten St in Central Warrington (5-minute walk from Warrington Bank Quay train station).



Get in touch

For more information, or to book a place, please contact EVOLVING@changingmindsuk.com

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Twitter: [@EvolvingLeads](https://twitter.com/EvolvingLeads)



www.evolving-leads.com



LinkedIn: <https://www.linkedin.com/showcase/evolving-psychologically-responsive-leadership>



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